Moving Forward Through Work Using Evidence based Supported Employment

Sandra Langfitt Reese
The IPS Employment Center at The Rockville Institute
www.lpsworks.org

Four Main Points

Many people with serious mental illness want to work.

Many people with serious mental illness can and do work.

IPS provides a roadmap for implementation

Work is everybody's business

Key Points

IPS Staffing

Employment specialists, IPS supervisor Serve up to 20 people per specialist Employment/education focus Employment generalist

Implemented by a mental health/psychosocial agency through a team approach



Overall Findings for 25 RCTs

Every study showed a significant advantage for IPS

Mean competitive employment rate:

• 56% for IPS

23% for controls

IPS Learning Community

Derived from quality improvement collaborative model

Long-term method

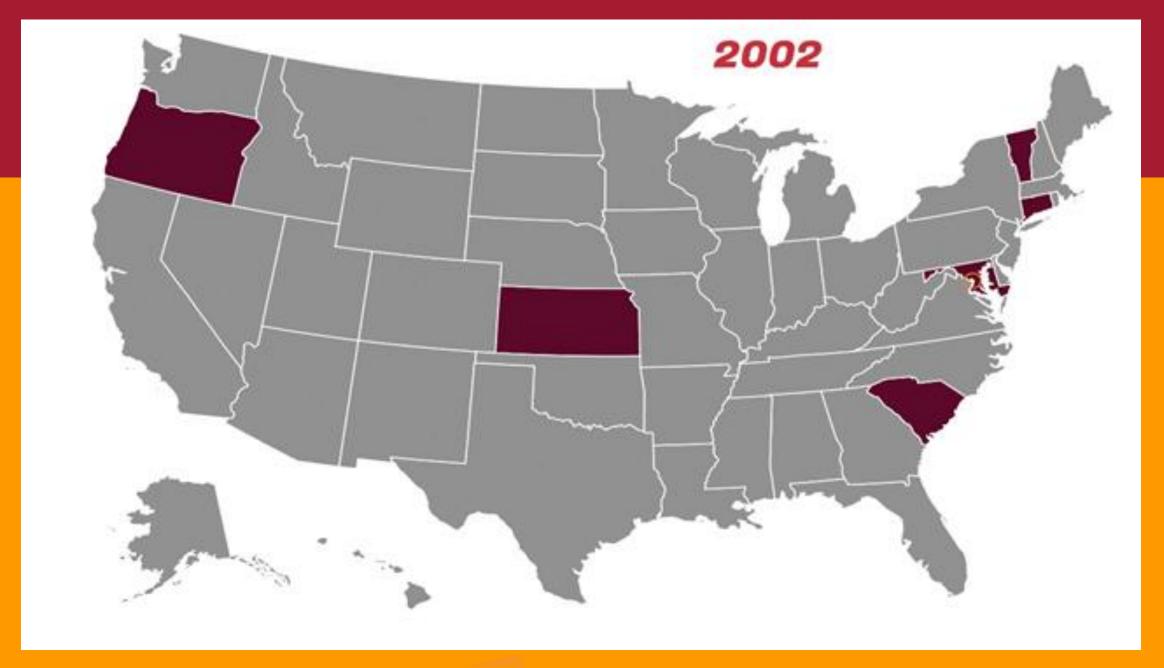
Key factors for QILC success

- Shared goals and agenda
- Multidisciplinary teams, multiple sites
- Ownership among members
- Face-to-face meetings
- Data sharing
- Essential role of leadership
 - Schouten, BMJ, 2009; Wells, BMJ Qual Saf, 2017



The Beginning, 2000

- Partnership: Johnson & Johnson Corporate Contributions and Dartmouth Psychiatric Research Center, now known as the IPS Employment Center
- Mission: Increase access to IPS supported employment for people with serious mental illness
- Collaboration between state mental health authority and state Vocational Rehabilitation
- Evolution of the International IPS Learning Community



Program Structure and Guidelines

- Two-tiered
- Identify state champions and partners, memorandum of agreement (MOA)
- Develop funding plan
- Create training capacity
- Track simple outcomes, transparency
- Annual meetings, stakeholder teleconferences
- Commitment to learning research, innovations



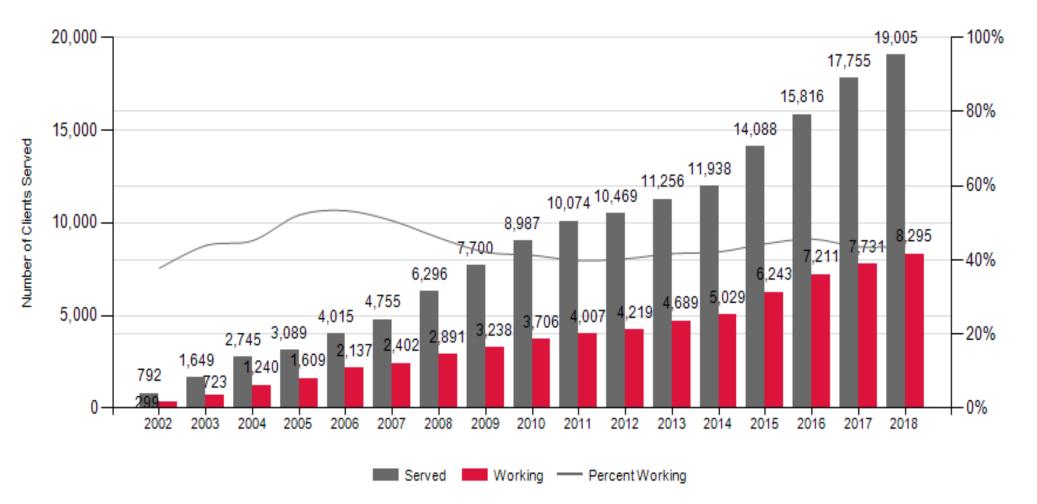
Guidelines cont.

- Start small three to five sites
- Full-time trainer
- On-site training and consultation
- Commitment to program fidelity and outcomes
- Development of educational materials/website
- Replication of IPS learning community locally

Quarterly Outcomes

- 2002, Q4, 792 received IPS and 299 worked competitively in 4 states
- Competitive employment rates of 40% or higher after initial year of 38%; 44% over 63 quarters
- April June, 2018, 18,959 received IPS. 8,433 worked competitively (44%) in 22 states – 243 agencies with 309 teams

Clients Served and Working in the IPS Supported Employment Learning Community in the US



Percnet of Clients Working

Data points represent annual averages for four quarterly reporting periods. Current year data represent an average of reporting periods that have occurred to date.

International IPS Learning Community

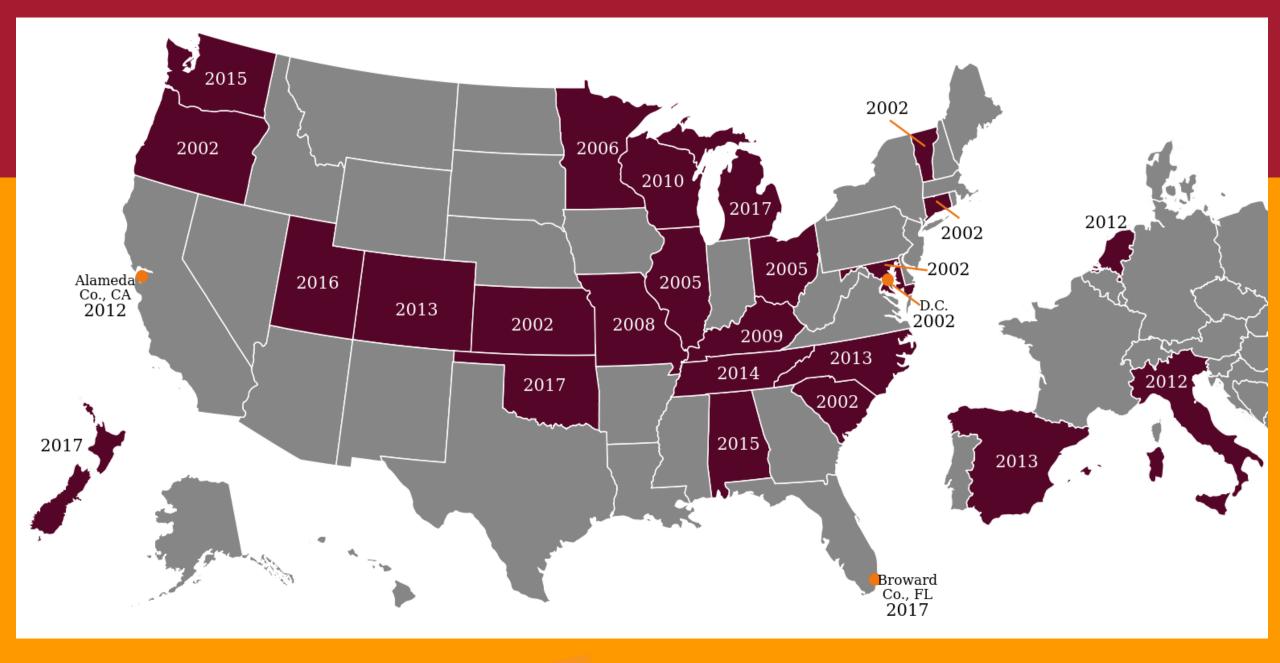
Twenty-four states/regions in US, 300+ teams

 Alabama, Alameda County (CA), Alaska, Broward County (FL), Colorado, Connecticut, District of Columbia, Illinois, Kansas, Kentucky, Maryland, Michigan, Minnesota, Missouri, North Carolina, Ohio, Oklahoma, Oregon, South Carolina, Tennessee, Utah, Vermont, Washington, Wisconsin

International Network

• Italy, Montreal (Canada), Netherlands, New Zealand, Spain





Most programs in IPS Learning Community meet fidelity standards (>99)

IPS Fidelity Category	Fidelity Score Range	N of Sites (%)	Mean Competitive Employment Rate (Quarterly index)
Exemplary Fidelity	115-125	7 (9%)	44%
Good Fidelity	100-114	45 (57%)	39%
Fair Fidelity	74-99	23 (29%)	32%
Not Supported Employment	73 and below	4 (5%)	29%



IPS and New Populations

- Autism spectrum disorder
- Intellectual and developmental disabilities
- Common mental disorders
- Chronic medical conditions
- Substance use disorders
- TANF beneficiaries
- Young adults with first episode
- Transition age youth with serious mental health conditions
- Spinal cord injury



Expansion and Scalability

Systems partnership/coordination

Funding

Training

Tracking outcomes

Monitoring program fidelity

Workforce

Advocacy

Employability as expected outcome of treatment



What People Say

 "When you are working, you are part of the real world. You feel connected. Having a job gives me stability. I have something to look forward to every day."

 "In the past, people might have used labels to describe me such as 'homeless,' 'mentally ill,' and 'welfare mother.' Now my titles are 'financial administrator,' 'college student,' and 'working mom.'"



Thank You

- www.IPSworks.org
- Online courses for practitioners and supervisors
- Courses on training, technical assistance, implementation, IPS Fidelity
- IPS Supported Employment: A Practical Guide, 2013
- IPS Supported Employment Approach to Help Young People with Work and School, 2017
- sandrareese@westat.com

