# **IPS implementation support in New Zealand**

**Becki Priest** 

**WORK COUNTS** 



- History of IPS implementation in New Zealand
- Example of implementation support added to an established mental health and employment service provision in Auckland
- Example of implementation support for a new start up IPS service in Northland
- Critical success factors for New Zealand



### **IPS services in New Zealand**







## IPS Implementation Support project in Auckland and Counties Manukau DHBs

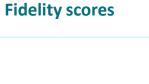
- ✓ Employment support services are purchased by the DHBs through a contract with an NGO provider
- ✓ Clinical services are provided through five community mental health centres (CMHCs) in ADHB and four in CMDHB

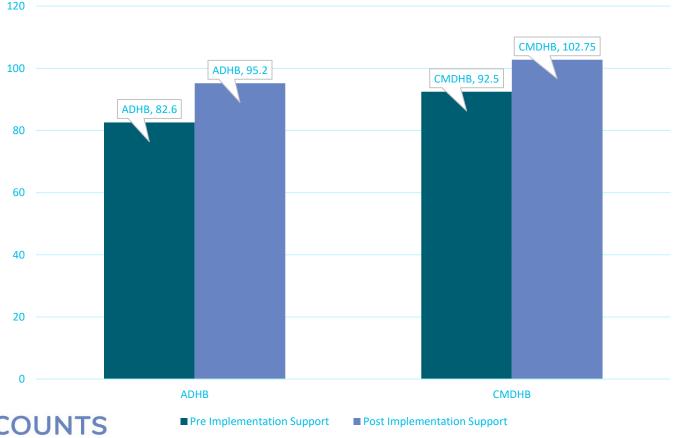
+

✓ Technical assistance: a dedicated IPS implementation expert.



## **Total fidelity scores**





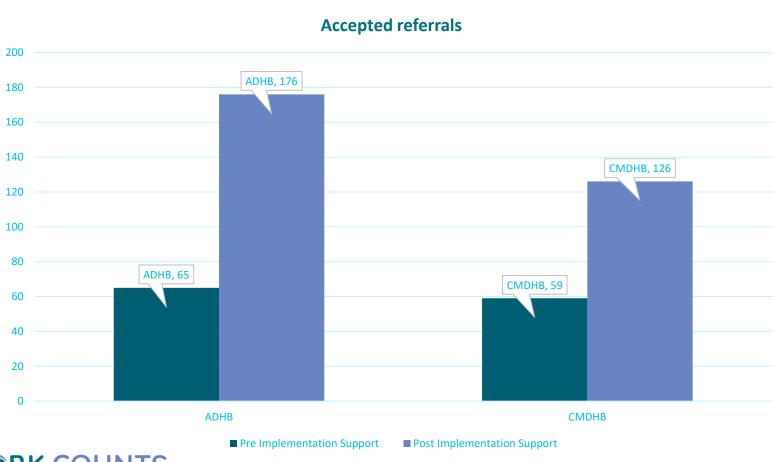


Source: Te Pou o Te Whakaaro Nui, 2017

# More people are referred to employment specialists



# Employment specialists work with more people





## Impact of Implementation Support: ADHB and CMDHB pilot

"We had to examine the thought that we were becoming barriers to people starting work, rather than helpful, because we were determining when we felt they were ready to go to work – as if that was something we had ownership over". CMHC team manager, ADHB

Te Pou o Te Whakaaro Nui, 2016

### Some of the outcomes

- 40-50% of people accepted obtained jobs.
- People secured jobs on average 2-4 months after referral.
- Three-quarters secured jobs more than 16 hours per week.
- Average hourly wage \$18.00 \$18.50.

Source: Te Pou o Te Whakaaro Nui, 2017



## **The Northland Story**

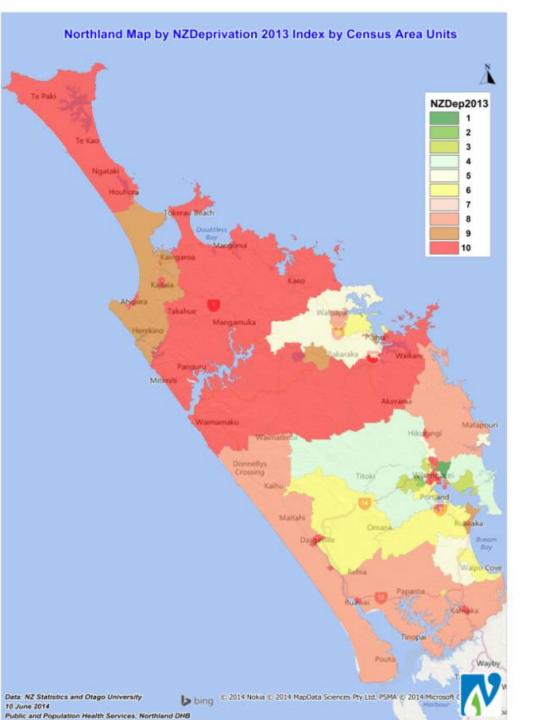
- Te Ara Oranga the path to wellness, meth amphetamine harm reduction pilot
- Getting the right support
- Choosing the right staff
- Attention to culture
- Creation of 'employment works' programme
- Establishment plan, champions, early adoption, review, continuous service improvement

https://youtu.be/Q5TKcGoe









#### Pop: 171,110 50% urbanised

265km in length 13,940 km<sup>2</sup>

#### **High Deprivation (census 2013)**

- Income
- Home ownership
- Employment
- Qualifications
- Housing/ bedroom occupancy
- Access to transport and communications

#### **Growth: 13% in last 4 years**

- High proportion under 15yrs
- Low proportion of working age adults
- High proportion over 65yrs

### Socio-demographic characteristics

- Gender 44% female / 56% male
- Mean age in years 36.5
- Ethnicity 49% Māori / 51% Non- Māori
- Primary diagnosis 40% addiction, 60% mental health
- Secondary diagnosis of addiction 44%
- Criminal convictions 50%
- Highest qualification
  None / unknown (46%) School leavers (25%) Trade (13%) Higher (16%)
- Length of time since last employed
  <6 months (14%) 6-12 months (16%) 12 months + (52%) Never worked (21%)</li>



## "We all thought what a great idea! But you do know there aren't any jobs here right?"

Clinician, Dargaville

"The provision of evidenced based supported employment appears to be especially critical in areas with poor local economies. People residing in these areas are particularly vulnerable to continued unemployment without best practice services"



WORK COUNTS

https://www.youtube.com/watch?v=qfL4tgTUISo

### Results

- 40% participants commenced paid employment
- 63% commenced paid employment or vocational
- Approximately half participants commenced employment who identify as Māori
- Mean hours worked per week 33
- Mean weekly earnings NZD\$613



# Critical factors for successful implementation in New Zealand

- 1. Implementation support improves quality and quicker adoption of practices
- 2. Attention to culture and equity of outcomes ensures IPS meets the needs of Maori
- 3. Policy needs to support practice and provide contracts that allow IPS to flourish

Lockett, Waghorn & Kidd, 2017

Priest & Lockett, under review



## Thank you

#### **Becki Priest**

Professional Lead - Occupational therapy and vocational services, NDHB

BSc (Hons) OT, PG Cert, International Associate to Centre for Mental Health (UK)

Rebecca.priest@northlanddhb.org.nz



