

Training overview

Let's talk about work



One of the greatest barriers identified for people with mental health and addiction issues in returning to work can be the attitudes and perceptions health professionals and other support people have. Talking to people about returning to work at the right time, in the right way is key to the success of any employment support programme.

This three-hour training session will challenge perceptions, raise aspirations and bust some commonly held myths. It includes tips on how have effective conversations about return to work and will leave participants with a range of tools and increased confidence in talking about employment as part of wellbeing.

Ideally suited for:

People working in health, social services, MSD, Corrections, other support teams and family/whānau.

Learning objectives include:

- initiating employment conversations
- risks and benefits of unemployment vs employment to health
- social benefits of work
- ability to discuss real life success stories
- utilisation of decision making tools that supports employment.

Contact the Work Counts team for more information.